

GENERAL ASSEMBLY OF NORTH CAROLINA  
SESSION 2015

H.B. 545  
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HOUSE PRINCIPAL CLERK

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HOUSE DRH20190-MK-137 (3/19)

Short Title: Information/Guidelines Re: Eating Disorders. (Public)

Sponsors: Representatives McGrady and Glazier (Primary Sponsors).

Referred to:

1 A BILL TO BE ENTITLED  
2 AN ACT TO DIRECT THE STATE BOARD OF EDUCATION AND THE DIVISION OF  
3 PUBLIC HEALTH TO ADOPT POLICIES AND GUIDELINES ON EATING  
4 DISORDERS AND TO REQUIRE THAT PARENTS RECEIVE INFORMATION  
5 ANNUALLY REGARDING EATING DISORDERS.

6 The General Assembly of North Carolina enacts:

7 **SECTION 1.** G.S. 115C-12 is amended by adding a new subdivision to read:

8 "(45) To Adopt Policies for Parent Education on Eating Disorders. – The State  
9 Board of Education, in collaboration with the Department of Health and  
10 Human Services, Division of Public Health, shall develop policies for  
11 providing parent educational information regarding eating disorders. In  
12 addition, the State Board and the Division shall develop appropriate  
13 guidelines for local boards of education regarding (i) the optional  
14 development of an eating disorder screening program; (ii) specification of  
15 training needs and requirements for personnel and volunteers; (iii)  
16 appropriate opt-out and exemption procedures for students; and (iv) parental  
17 notification procedures for positive indications of an eating disorder."

18 **SECTION 2.** G.S. 115C-47 is amended by adding a new subdivision to read:

19 "(62) To Ensure That Parents Receive Information Annually on Eating Disorders.  
20 – Each local board of education shall ensure that parents of students in  
21 grades five through 12 are annually provided parent educational information  
22 on eating disorders consistent with the information developed by the State  
23 Board of Education and the Department of Health and Human Services,  
24 Division of Public Health, in accordance with G.S. 115C-12(45). A local  
25 board of education may also develop an optional screening program to  
26 identify students at risk for eating disorders in accordance with  
27 G.S. 115C-12(45)."

28 **SECTION 3.** In developing the policies and guidelines required by  
29 G.S. 115C-12(45), as enacted by this act, the State Board of Education and the Department of  
30 Health and Human Services, Division of Public Health, shall solicit input from relevant  
31 organizations and entities, including local boards of education, school superintendents, the  
32 UNC Center of Excellence for Eating Disorders at the University of North Carolina at Chapel  
33 Hill, the National Eating Disorders Association, the School Nurse Association of North  
34 Carolina, the North Carolina Chapter of the American Academy of Pediatrics, and the North  
35 Carolina Academy of Family Physicians. The State Board and the Division shall also identify



1 and develop appropriate additions or revisions to the North Carolina School Health Program  
2 Manual related to the development of parent educational information on eating disorders.  
3 The State Board and the Division shall adopt the policies and guidelines required by  
4 G.S. 115C-12(45) by August 1, 2015.

5 **SECTION 4.** This act is effective when it becomes law and applies beginning with  
6 the 2015-2016 school year.